

**SERVING
KEYPORT
AND THE
BAYSHORE
AREA**



**FREE TO
KEYPORT
RESIDENTS
60+
(UNDER 60
DISABLED)**

110 Second Street, Keyport, NJ 07735

website: www.keyportonline.com VISIT OUR FACEBOOK PAGE "KEYPORT SENIOR CENTER"

Supervisor: Chris McManus

Email: CMcManus@keyportonline.com

Part time clerical staffs : Jessi Antenucci

Kathy Beam

Social Worker: Ann Albano

Contact us: Keyportseniorcenter@keyportonline.com

Phone: 732-264-4916

Fax: 732-264-8552

Volume 33 Issue 8

August 2025



ANNUAL SUMMER PARTY

FRIDAY, AUGUST 15TH

COST: \$25.00

ENTERTAINMENT BY

AJ DUO

CATERED BY JACQUES!



**Keyport Senior Center
Atlantic City Bus Trip**

Resorts Casino Hotel

Wednesday, August 20

KSC Members \$35

Non-Members \$40

\$20 back on Slots



**We accept Cash or Check
(payable to Borough of Keyport)**

Stop in 9-3PM- Monday -Friday

**Address: Keyport Senior Center
110 Second St. Keyport, NJ 07735**



**Pick Up Locations: Bethany Manor,
Oyster Bay Apts. and Fireman's Parking Lot
Pick Up Time 8:30AM & Leaves A/C 3:45PM
Arrives Back in Keyport Approx. 6:00PM
Questions? Call:
Keyport Senior Center 732-264-4916**

Calling All Pet Lovers!



Throughout the month of **August**, we're collecting **photos
of your household pets!**

We'll be playing a fun guessing game at the **Holiday Party:**
"Which Pet Belongs to Which Member?"

Be sure to submit your pet's picture — all photos will be
returned after the party.

Let the cuteness begin!

KEYPORT SENIOR CITIZENS ADVISORY COMMITTEE
SUPPORTS THE PROGRAMS OF THE
SENIOR CENTER

President: Vacant Vice-President: Bob Thompson

Treasurer: Darlene Burgess Secretary: Dawn Staniforth

Advisor: Chris McManus

ADVISORY COMMITTEE MEMBERS

Ken Angrason	Lynn Case	June Dougherty
Mary Lou Faitoute	Yolanda Gordillo	Julia Hudson
Patti Mascolino	Elba Moreno	Louis Natarcola
Laurie Parnaby	Susan Pike	Virginia Smith

Notes from the Advisory Committee

Member Yolanda Gordillo

Hello members of the Keyport Senior Center, I am Yolanda Gordillo. I have been attending the Keyport Senior Center since December 2024, and by far, this has been one of the best decisions I have made.

From day one, everyone here at the center has been friendly and welcoming to me. I am a native of Ecuador, and I have been a citizen of this incredible country for many years.

Here at the center, I've taken part in many of the exercise classes offered. Classes like Zumba and Tai Chi are classes I would never think of doing; but, many of the class participants encouraged me to try these classes and I am thoroughly enjoying them. I would highly recommend these, and many of the other classes offered here.

Most recently, I started volunteering in the office on Fridays. I am also serving as a member representative on the Keyport Senior Center Advisory Board. Participation on the advisory board is a way to support the supervisor directly, and also provides a place to represent member concerns. I would advise those of you looking to make an impact to volunteer in the office or participate on the advisory board.

My experience here at the Keyport Senior Center has been exceptional. I can't say enough about the warm people, the friendly staff, and the social environment the center offers. Thank you in advance to the Keyport Senior Center for providing such a wonderful place for this community. If you are reading this and you are not yet a member, do consider joining!!

From the desk of **CHRIS**

Happy August!



I hope everyone is enjoying the summer so far — I can't believe I'm already writing the August letter. Time is truly flying here at the center!

Speaking of the center, you've probably noticed quite a few changes over the past two months: freshly painted walls, and painted office, and brand-new carpets! Let's all do our part to keep the center looking great — please avoid open containers or uncovered water bottles on carpeted areas.

Mark your calendars!

Our **Summer Party is happening on Thursday, August 15** — and it's one you won't want to miss. Many of you asked for a little more excitement at our parties, so we're taking things to the next level! Enjoy live music by *AJ Duo*, a lively couple band, **food is catered by Jacques**, and a few surprises that will be revealed at the event!

To our amazing volunteers — keep an eye on your mailbox! Invitations for our *Center Volunteer Luncheon* will be going out this month as a small way to say thank you for all you do.

Lastly, I wanted to share some great news from our *Advisory Committee*. Back when I attended my first meeting — just four days into my role — a concern was raised about the membership price for non-Keyport residents. I'm happy to report that, with the support of our borough liaisons, we were able to make a change. As of **July 15**, the membership fee for new non-resident members has been **reduced to \$50/year**, and this new rate will apply to **all renewals starting in January**

Birthdays of the Month



MOVIE THURSDAYS

Each Thursday in the month of August, we will be showing a Movie starting at 11am. Snacks and drinks are not provided at all movies, your welcome to bring snack and drinks.

- Aug 7– Mona Lisa Smile
- Aug 14– Zootopia
- Aug 21— 6 Triple 8
Snacks provided
- Aug 28– Mufasa



George Arnold	Gihan (Gigi) Hanna	Susan Pike
Kathleen Belldelos Reyes	Elizabeth Harbison	Catherine A. Rabas
Jacqueline Carr-Hamilton	Sue C. Jennings	Claudia Reels
Lorraine C. Cortopassi	Theresa E. Kiely	Ana Rodriguez
Satish Daniel	Lorraine "Lori" M. Klein	Michele Sanders
Angela Danisova	Audrey Levine	Rita Smith
Pearl Dixon	Linda Lunario	Joseph J. Stahley
Marie D Fey	Patricia M. Mascolino	Jeanmarie Stout
Francesca Fralleone	Joyce M. McCarthy	Rosemarie L. Terhune
Xiomara "Mara" Giron	Catherine Mendez	Carolyn M. Villano
Yvonne D. Grace	Wilhelm (Willie) Mich-itsch	Diane M. Williams
Alejandro V. Guerrero	Norma E. Patron	George F. Wingender
	William (Bill) Pearce	



wish list

We are looking for
Napkins & Tissue Boxes.
Thank you for your generous donations!



Vinny Riggio



Welcome to our New Members

See a new face? Welcome them! Show them around the Center and get them involved with all the Center has to offer! Who knows... you might just make a new friend!

Gail Sonatore
Bobbie Carey

Marianne Schell
Dianne Steneck



Did you realize that our name page is a fun way of donating to our Center?

Below is a list of all the members who contribute to the good work of our center. It's only \$10.00/year!

ADELE GRIES	GAIL PARIS	MATTIE ANDERSON
ANN ALBANO	HELEN DAHLGREN	NANCY DEODATO
BARBARA REPP	JESSICA MCGEE-CALLANDRILO	PHOEBE MAZZUCCO
CAROL GRABOWSKI	JOAN DEVINO	REGINA O'REILLY
COOKIE PIZZI	JUNE DOUGHERTY	SUE MILLER
DONNA ROBICHAUD	LAURIE PARNABY	TERRI MAGISTRO
DIANA RASMUSSEN	LYNN CASS	TONY CALLANDRILLO
EILEEN DECICCO	MARY ELLEN MURACH	WENDY ESANNASON
FRED PIZZI	MARY PAGIS	YOLANDA GORDILLO



KSC ART SHOW

Wednesday, August 27, 2025

11:00AM-2:00PM

Come and enjoy viewing our members' paintings while sharing light fare and being interactive with your thoughts and comments on the art work!

Light refreshments will be served!

As of Aug 1,
we now accept
All Major credit cards



3% (Min \$3.00)
processor fee

SAVE THE DATE



RESORTS
Casino • Hotel

Thursday

September 11



WIND CREEK
BETHLEHEM

Friday

October 17

BAPS SWAMINARAYAN
AKSHARDHAM- North America

Friday Oct 3
Bus leaves Keyport 9:30AM

\$25 Members
\$30 Non Members



Christmas
at the Playhouse
A comedy, Song & Dance Holiday Show
HUNTERDON HILLS PLAYHOUSE

Ticket \$ 120- KSC Members
Payment plan Available for members
\$125 Non Members

Ticket includes

- Transportaion
- Show
- Table Served Entree/ Dessert
- Soda/Coffee & Tea

"It's the most wonderful time of the year, come join us! There is something for everyone-Traditional holiday favorite, pop Christmas hits and seasonal spirituals."

Wednesday November 19,2025
Pick up Locations: Bethany Manor, Oyster Bay Apts. and Fireman's Parking Lot
Pick up time 10AM Questions?
Call: Keyport Senior Center 732-264-4916

JOIN US FOR A
Annual
Holiday Party
WEDNESDAY **10** DECEMBER
12PM - 3PM
Jacques Reception Center
500 Palmer Ave, Middletown

\$60 Members \$65 Non Members
Payment plan available for members only

Food Choices: Champagne Chicken, Prime Rib, Poached Salmon
Entertainment by:
No Limit Entertainment
RSVP by Nov 14

Social Worker News

Ann Albano, B.A., CSW is the Keyport Senior Center Social Worker. Ann is available to help our seniors and their families find solutions to the challenges and concerns facing older adults.

Ann is a State Health Insurance Assistance Program Volunteer, SHIP volunteers are trained by Medicare to help seniors understand their Medicare options and choices.

Ann is trained to provide information about senior support programs such as housing, home energy assistance, food stamps, food resources, transportation, home health assistance, long term care planning, PAAD and Senior Gold and other important senior resources.

Ann works on Thursdays between the hours of 9:30am and 1:30pm. For an appointment, please call the Keyport Senior Center at 732-264-4916. Staff at the senior center will contact Ann, and she will call you back to schedule an appointment.

Our social worker looks forward to helping you to develop the knowledge and skills necessary to navigate life's challenges

KSC Theater Group

Saturday
October 11



Spring Lake
Theater

Save the Date

Get ready to hand-jive your way back to Rydell High! Grease is the ultimate rock 'n' roll musical, bursting with high school romance and rebellious fun.

Lunch at Mr. Shrimp

Price includes— Bus, Lunch & Theatre tickets.

KSC members \$75 and will have first priority. If available, non members tickets cost \$80

New Rules: Make checks payable to **KSCAC** and include your phone number on check. Put check in the theatre drop box in the hallway, starting Sept 9 for members, Non members starting Sept 22 if available and you must write your name on the clipboard sheet.

Meet at the Center parking lot at 9:45am. Bus leaves at 10am. Return time is approximately 5:30pm.

Programs That Keep You Smiling

Stay Active, Stay Inspired!



We offer a comprehensive exercise program designed for older adults, focusing on all aspects of healthy movement. All fitness classes are free of charge and led by certified instructors to ensure safety and support at every level.

There's truly something for everyone — come explore, engage, and enjoy all that our center has to offer!

All-Medium Art- Taught by Mary Lou on **Wednesdays at 1:00 PM**

Let your creativity flow! Work with a variety of materials including drawing, painting, and mixed media. Open to all skill levels, this class encourages experimentation and self-expression.

Ceramics- Taught by Beverly on **Mondays at 1:30 PM**

In Ceramics, you'll have the chance to paint and create your own piece. Once finished, you can glaze it and bring your unique artwork to life. A fun and hands-on way to explore your creativity—no experience necessary!

Chair Yoga- Taught by Kim on **Tuesdays at 1:00 PM**

A gentle seated and standing yoga class that includes breathing practices, guided imagery, mindfulness, and meditation. Improve concentration, well-being, flexibility, balance, and muscle tone in a calm, supportive environment.

Chorus- Taught by David on **Tuesdays at 12:00 PM**

Join your voice with others and sing your heart out! No experience necessary—just a love of music and community. Enjoy rehearsing a variety of songs in a fun, welcoming group.

Gentle Fitness- Taught by Oscar on **Thursdays 10 AM**

Build functional strength and work on balance and fall prevention. This class allows you to move at your own pace—whether seated or standing.

Latin Groove- Taught by Oscar on **Fridays 10:30 AM**

Dance to Latin rhythms like Cha Cha, Salsa, Merengue, and Bachata, plus favorite line dances like the Electric Slide and Cupid Shuffle. A great cardio workout and a whole lot of fun—get your groove on!

Senior Circuit- Enjoy a full-body workout with interval training that combines strength, balance, and cardiovascular exercises in a circuit format. Work at your own pace to build endurance, strength, and flexibility.

Senior Group Fitness- Taught by Cara on **Mondays at 11:30 AM**

Enhance muscle strength, balance, and mobility using light weights, resistance bands, and exercise balls. This class is fun, safe, and supportive.

Spanish- Taught by Elba on **Mondays at 12:00 PM**

Build your Spanish language skills in a relaxed and social environment. Whether you're a beginner or brushing up, enjoy learning vocabulary, conversation, and culture in an interactive setting.

Tai Chi with Bruce King **Thursdays at 12:30 PM**

Experience the Sun Style short form of Tai Chi—a slow, flowing, meditative movement practice known as “meditation in motion.” Great for balance, coordination, and mind-body wellness.

Zumba Gold- Taught by Sandy on **Tuesdays at 2:15 PM**

A fun fusion of Latin and international music and dance! Zumba Gold is adapted for active older adults and beginners, offering low-impact movement without the pressure of traditional aerobics. Feel the rhythm and move at your own pace.

August 2025

Monday	Tuesday	Wednesday	Thursday	Friday
Dr. Lynn Motasis Podiatrist 732-970-4580 South Jersey Legal Services 732-414-6750 (ext. 6505)				1 9:00-10:15-Table Tennis 10:00-Cards/Poker 10:30-Latin Groove 12:00-Table Tennis 2:00-4:00- Open Art
4	5	6	7	8
9:00-10:30 -Table Tennis 11:00-4:00- Canasta 11:30- Senior Group Fitness 12-12:45 - Spanish Class 1:30-Ceramics 2:30-Table Tennis	10:00- Center Meeting 10:00-Cards/Poker 10:30-11:45-Bingo 11:30- Table Tennis 12-1:00- Chorus 12-2-Chess Class 1:00-Chair Yoga 2:00-4:00- Open Art 2:15- Zumba	10:00-Cards/Poker 1:00- Senior Circuit 1-3:30-All Medium Art 2:30-Table Tennis	9:30-1:30-Social Worker 10:00-Gentle Fitness with Oscar 11:00-Canasta 11:00- Movie 11:30-Table Tennis 12:30-Tai Chi	9:00-10:15-Table Tennis 10:00-Cards/Poker 10:30-Latin Groove 12:00-Table Tennis 2:00-4:00- Open Art
11	12	12	14	15
9:00-10:30 -Table Tennis 11:00-4:00- Canasta 11:30- Senior Group Fitness 12-12:45 - Spanish Class 1:30-Ceramics 2:30-Table Tennis	10:00- Center Meeting 10:00-Cards/Poker 10:30-11:45-Bingo 11:30- Table Tennis 12-1:00- Chorus 12-2-Chess Class 1:00-Chair Yoga 2:00-4:00- Open Art 2:15- Zumba	10:00-Cards/Poker 1:00- Senior Circuit 1-3:30-All Medium Art 2:30-Table Tennis	9:30-1:30-Social Worker 10:00-Gentle Fitness with Oscar 11:00-Canasta 11:00- Movie 11:30-Table Tennis 12:30-Tai Chi	9:00-10:15-Table Tennis 10:00-Cards/Poker 10:30-Latin Groove No Open Art Today Sumer party 12pm
18	19	20	21	22
9:00-10:30 -Table Tennis 11:00-4:00- Canasta 11:30- Senior Group Fitness 12-12:45 - Spanish Class 1:30-Ceramics 2:30-Table Tennis	10:00- Center Meeting 10:00-Cards/Poker 10:30-11:45-Bingo 11:30- Table Tennis 12-1:00- Chorus 12-2-Chess Class 1:00-Chair Yoga 2:00-4:00- Open Art 2:15- Zumba	10:00-Cards/Poker 1:00- Senior Circuit 1-3:30-All Medium Art 2:30-Table Tennis AC Bus Trip leaves by 8:30	9:30-1:30-Social Worker 10:00-Gentle Fitness with Oscar 11:00-Canasta 11:00- Movie 11:30-Table Tennis 12:30-Tai Chi	9:00-10:15-Table Tennis 10:00-Cards/Poker 10:30-Latin Groove 12:00-Table Tennis 2:00-4:00- Open Art
25	26	27	28	29
9:00-10:30 -Table Tennis 11:00-4:00- Canasta 11:30- Senior Group Fitness 12-12:45 - Spanish Class 1:30-Ceramics 2:30-Table Tennis	10:00- Center Meeting 10:00-Cards/Poker 10:30-11:45-Bingo 11:30- Table Tennis 12-1:00- Chorus 12-2-Chess Class 1:00-Chair Yoga 2:00-4:00- Open Art 2:15- Zumba	10:00-Cards/Poker 1:00- Senior Circuit 2:30-Table Tennis Art Show 11-2pm	9:30-1:30-Social Worker 10:00-Gentle Fitness with Oscar 11:00-Canasta 11:00- Movie 11:30-Table Tennis 12:30-Tai Chi 2pm Advisory Meeting	9:00-10:15-Table Tennis 10:00-Cards/Poker 10:30-Latin Groove 12:00-Table Tennis 2:00-4:00- Open Art