

**SERVING
KEYPORT
AND THE
BAYSHORE
AREA**



**FREE TO
KEYPORT
RESIDENTS
60+
(UNDER 60
DISABLED)**

website: www.keyportonline.com VISIT OUR FACEBOOK PAGE "KEYPORT SENIOR CENTER"

Bilingual help: Ask for Sandy Tuesday: 12-4

Director: Madeline Costello

110 Second Street, Keyport, NJ 07735

Social Worker: Ann Albano

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Volume 32 Issue 5

May 2024

**OLDER
AMERICANS
MONTH**



POWERED BY CONNECTION: MAY 2024

Every May, the Administration for Community Living leads the nation's observance of Older Americans Month (OAM). The 2024 theme is Powered by Connection, which recognizes the profound impact that meaningful relationships and social connections have on our health and well-being

HAPPENING IN MAY: "POWERED BY CONNECTION"

- **Thursday, May 2nd at 10:00- NEW CLASS! "Stronger by the Minute" with instructor Debbie**
 - May 2nd-June 5th Thursdays 11:00-12:30- Creative Aging Art Program
 - May 6th-May 9th 9:00-2:00pm- Annual Jewelry Boutique
 - **Friday, May 10th at 11:30 Free Mother's Day Brunch Sponsored by Anchor Care- With Entertainer "Jade" Must sign up on hallway desk**
 - Mondays in May 2:00-3:00- Sharing Pictures of Special Times
 - **Wednesday, May 15th 10:30-12:30- Walk in Health Screenings No Cost (free take aways)**
 - **Wednesday, May 22nd 5:00-7:00- Senior Prom Sponsored by Keyport High School, No Cost Transportation provided (sign up on Hallway desk)**
 - Monday, May 27th- Closed for Memorial Day
 - **Tuesday, May 28th 10:30- Free Bingo Sponsored by "Laurel Bay" Must sign up on Hallway desk**
 - **Friday, May 31st 11:30- Library Presentation Community Conversation and "Accessibility at the Library"**

KEYPORT SENIOR CITIZENS ADVISORY COMMITTEE
SUPPORTS THE PROGRAMS OF THE
SENIOR CENTER



President: Lynn Case **Vice-President :** Letty Lombardo
Treasurer: Darlene Burgess **Secretary:** Dawn Staniforth
Advisor: Madeline Costello

ADVISORY COMMITTEE MEMBERS

Ken Angrason	Joe Carey	Cheryl Christopher
Jean Crone	June Dougherty	Julia Hudson-Stringfellow
Letitia Lombardo	Kathy Massey	Patti Mascolino
Elba Moreno	Susan Pike	Virginia Smith
Bob Thompson		

Notes from the Advisory Committee
Secretary Dawn Staniforth

At last month's Advisory meeting, Madeline shared her plans for May specifically for the observance of Older Americans Month (OAM). It piqued my interest and I researched (*Google is Fantastic*) how this recognition of Older Americans came about and to learn what else is celebrated as a national day in May.

1. May was established as Older Americans Month in 1963; the result of a meeting between President John F. Kennedy and members of the National Council of Senior Citizens. May is chock full of other notable national celebrations some you know (the obvious ones) and some you don't (I chose to share some of the yummy ones):
 - Every president since Kennedy has asked the entire nation to pay tribute in some way to older persons in their community.
 - Every year there is a theme for the month; this year 2024, the theme is "Powered by Connection" – which recognizes the profound impact that meaningful relationships and social connection have on our health and well-being.
2. May is chock full of other notable national celebrations some you know (the obvious ones) and some you don't (I chose to share some of the yummy ones):

Back to the OAM Theme for 2024; I love the idea of Connections as it is undoubtedly one of the most significant influencers on our well-being and mental health, whether we come to the center to exercise, to play games, or to have a cup of coffee and hang out, it is an immediate mood enhancer to be around other people. This month, let's look for opportunities to make connections – start by participating in the events planned here at the center **for you!!** Oh, and celebrate some of those yummy days, I choose May 11th!! (See Page 2)
Happy Older Americans Month!!

May is one of my favorite months, looking forward to warmer days ahead and hopefully a slow down on the rain!

We celebrate "Older Americans Month". The Theme this year is "Powered by Connection". Dawn Staniforth, Advisory Committee Secretary, did a wonderful job of giving us some history so let's enjoy the month and participate in all you can to stay engaged as we are "Powered by Connection"!

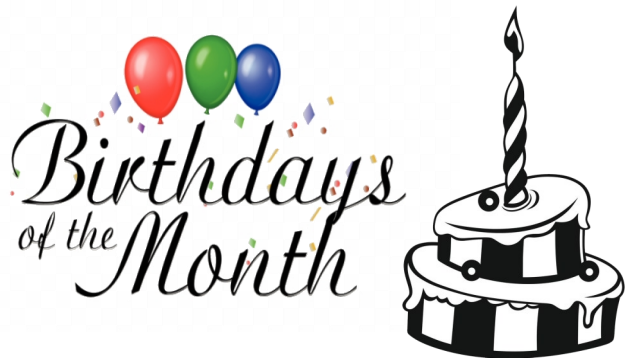
What a great luncheon we had celebrating our Volunteers! You are so amazing and I am so grateful for all you do. The Keyport senior center would not be the "Best" without you. Thank you to Sofie Clark, Ann Albano, Sandy Molon, Kathy Beam and Justin Servidio For all of your help to make the luncheon a success.

BINGO time was moved forward for a couple of reasons; one reason is the Skipper bus arrives at the center at 15-20 minutes after the hour. This gives members who do not drive the opportunity to attend BINGO. This was a concern when our Outreach group went to the two senior high-rise buildings. There were also some members that just couldn't get here in time. Thank you for getting here by 10:20 to get settled in and ready to play right at 10:30 sharp! Tuesday morning. Happy Mothers Day!



Let us honor all veterans this upcoming Memorial Day weekend.

1st Saturday in May	The Kentucky Derby
May 1st	May Day; Chocolate Parfait Day
May 2nd	Chocolate Truffle Day
May 3rd	Chocolate Custard Day
May 5th	Cinco de Mayo; Laughter Day
May 11th	Eat what you want day (<i>my personal favorite</i>)
May 12th	Mother's Day; Nutty Fudge Day
May 13th	Crouton Day; Fruit Cocktail Day; Apple Pie Day
May 14th	Butter Milk Biscuit Day
May 17th	Cherry Cobbler Day
May 19th	World Baking Day
May 22nd	Solitaire Day
May 27th	Memorial Day
May 28th	Hamburger Day
May 31st	Smile Day



Loretta Nappi, Kathleen Matejczyk, Daniel Ferrand, Stuart Harris, Martha Galloway, James Minella, Katherine Massey, Ronald Perise, Sharon Ruch, Robert Short, Jean Insley, Diane Vitiello, Gail Young, Ronald Trim, Frances Spafford, Mary Ann Santopietro, Lisa Vingara, Ruth Hernandez, Marina Dopson, Flora Gosha, Aresenio Leyesa, Danielle Lettieri, Coni Lafferts, Mary Ellen Murach, Claire Walsh, Bill Fantini, Sue Miller, Wendy Esannason, Theresa Dibella, Mary Hart, Maryann Spafford, Bill Hill, Carol Bach, Nancy Carew, Barbara Pearce, Molly Mandonici



FREE MOTHERS DAY BRUNCH
WITH ENTERTAINMENT BY "JADE"
FRIDAY, MAY 10TH AT 11:30AM

SIGN UP IS A MUST!
PLEASE SIGN UP AT THE HALLWAY DESK

Bilingual help: Ask for Sandy
Tuesday: 12-4



Colleen Conenna,
Rosemary DiVilio

Welcome
to our
New Members

See a new face? Welcome them! Show them around the Center and get them involved with all the Center has to offer! Who knows... you might just make a new friend!



wish list

Thank you for your generous donations!
We are in need of coffee. Thank you!



Flora Gosha,
Ruth Sutter

get well soon



We ACCEPT General Sympathy, Get Well, Thinking of You, and Birthday cards. We do NOT ACCEPT any Holiday or Specific Occasion Cards.
THANK YOU FOR YOUR DONATIONS TO THE CENTER!



To the family of Anne Conway

Condolences

Thank you

FOR YOUR SUPPORT

Did you realize that our name page is a fun way of donating to our Center?

Below is a list of all the members who contribute to the good work of our

center. It's only \$10.00/year! Please stop in the front office to be a part of the center's support.

Ann Albano Maria Bardowell Carol Battista Brigitte Broderick Darlene Burgess
Tony Callandrillo Jessica Magee Callandrillo ELIZABETH CARTER
Lynn Case Anne Conway Madeline Costello Helen Dahlgren Viola Didato
Eileen DeCicco Joan Devino June Dougherty Laurie Eng Wendy Esannason Mary Faitoute
Len Layland Sue Layland Constance Lefferts Robert Lesniakowski Agnes Leyesa Cathy Mietz
Sue Miller Sandy Molon MaryEllen Murach Phil Ocken Gail Paris
COOKIE PIZZI FRED PIZZI Diana Rasmussen Barbara Repp Dan Rosato
DIANE SHEPPARD VIRGINIA SMITH Dawn Staniforth Marianne Tavani Orma Trim



Vocal Selections: Beautiful tells the story of one of the 20th century's most beloved songwriters. Carole King, through 25 of the hit songs she penned for herself and others. Piano/Vocal arrangements include: Beautiful* I Feel The Earth Move* It's Too Late* The Loco-Motion* (You Make Me Feel Like) a Natural Woman* One Fine Day* So Far Away* Some Kind of Wonderful* Up on the Roof* Will You Love Me Tomorrow* Will You Still Love Me Tomorrow) *You've Got a Friend* You've Lost That Lovin Feelin'* and more.

Lunch at LaPergola Restaurant

Cost: \$115 (includes bus, lunch & theatre ticket). KSC members have first priority. If available, non member tickets cost \$120.00

Make checks payable to KSCAC and include your phone number. Meet at the parking lot at 9:45am. Bus leaves from the Keyport Senior Center parking lot and returns at approx. 5:30pm.

Put checks in the theatre drop box in the hallway starting May 21st, 2024.

THIS IS MEMORIAL DAY

By: LTC RET. Samuel Lombardo

This is Memorial Day

In our land of the free.

It's because of those who sacrificed

Whose graves you're here to see.

They fought on foreign lands

And across the open sea,

And paid the ultimate price

To keep you and I free.

So put all things aside

And honor this important day,

Which we have dedicated

As our Memorial Day.



Center Trips

Dolphin & Whale Watching

Cape May, NJ

Tuesday, July 23rd

Bus leaves at 7:00am

Lunch at the Lobster House

Cost: \$115 member

Paid in full by June 23rd

14 Seats Available!

Ellis Island

Tuesday, September 24

**Lunch on your own
on the Island**

Cost: \$55 member

Paid in full by August 24th

20 Seats Available!

Theater Trip

“White Christmas”

Saturday, November 16th

Lunch at Lambertville Station

COST: \$90.00

22 Seats Available!

“Tropical Jungle”

Themed Summer Party

Dining & Dancing

Thursday, August 8th

12-3pm

At Piazza Di Roma

Rt. 34 Aberdeen

Cost: \$43 member

(\$48 non member)

Paid in full by July 8th

CASINO TRIPS 2024

WIND CREEK CASINO, BETHLEHEM PENNSYLVANIA

TUESDAY, MAY 21ST 2024

Cost: \$35.00
(non-members \$40.00)
with \$25.00 back on slot

RESORTS CASINO, ATLANTIC CITY

THURSDAY, SEPTEMBER 19TH 2024

Cost: \$35.00
(non-members \$40.00)
with \$18.00 back on slot

RESORTS CASINO, ATLANTIC CITY

THURSDAY NOVEMBER 14TH 2024

Cost: \$35.00
(non-members \$40.00)
with \$20.00 back on slot



Keyport High School Key Club and National Honor Society

invite you to:

A NIGHT UNDER THE STARS

"SENIOR" PROM

WEDNESDAY, MAY 22, 2024

5 - 7 PM

KEYPORT HIGH SCHOOL GYMNASIUM

DRESS TO IMPRESS

TRANSPORTATION WILL BE PROVIDED

RSVP by May 15 to 732-264-4916

or to

Sofie Clark sclark@keyportonline.com

May 2024

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Dr. Lynn Motasis Podiatrist 732-970-4580</p>	<p>South Jersey Legal Services 732-414-6750 (ext. 6505)</p>	<p>1</p> <p>10:00-Cards/Poker 10:00-Advanced Line Dance 11:00 Basic Line Dance 1:00-Gentle Strength 1-3:30-All Medium Art 2:30-Table Tennis</p>	<p>2</p> <p>9-10-Chair Yoga 9:30-1:30-Social Worker 10:00-Stronger by the Minute 11-12:30 Creative Art Program 11:00-Canasta 11:30-Table Tennis 1:00-2-Chess Class 1:00- Wii Games 2:00-Tai Chi</p>	<p>3</p> <p>9:00-10:15-Table Tennis 10:00-Cards/Poker 10:30-Latin Groove 12:30 - American Mah Jong 1:00-Table Tennis 4:30-5:30 Alzheimer's Support Group</p>
<p>6</p> <p>9:00-2:00- Jewelry Boutique 9:00-10:30 -Table Tennis 12-12:45 - Spanish Class 1:00 - Building Strength 1:30-Ceramics (Canceled) 2:00-3:00- Sharing Pictures of Special Times 2:30-Table Tennis</p>	<p>7</p> <p>9:00-2:00- Jewelry Boutique 10:00- Center Meeting 10:00-Bodies in Motion 10:00-Cards/Poker 10:30-11:45-Bingo 11:30- Table Tennis 12-2-Chess Class 1:00-Chair Yoga 2:15- Zumba</p>	<p>8</p> <p>8:30-4:30- Planetarium & State Museum Trip 9:00-2:00- Jewelry Boutique 10:00-Cards/Poker 10:00-Advanced Line Dance 11:00 Basic Line Dance 1:00-Gentle Strength 1-3:30-All Medium Art 2:30-Table Tennis</p>	<p>9</p> <p>9:00-2:00- Jewelry Boutique 9-10-Chair Yoga 9:30-1:30-Social Worker 10:00-Stronger by the Minute 11-12:30 Creative Art Program 11:00-Canasta 11:30-Table Tennis 1:00-2-Chess Class 1:00- Wii Games 2:00-Tai Chi (Canceled)</p>	<p>10</p> <p>9:00-10:15-Table Tennis 10:00-Cards/Poker 10:30-12:00-VNA Nurse 10:30-Latin Groove 11:30- Mother's Day Brunch 12:30 - American Mah Jong 1:00- Writers Corner 1:00-Table Tennis</p>
<p>13</p> <p>9:00-10:30 -Table Tennis 12-12:45 - Spanish Class 1:00 - Building Strength 1:30-Ceramics (Canceled) 2:00-3:00- Sharing Pictures of Special Times 2:30-Table Tennis</p>	<p>14</p> <p>10:00- Center Meeting 10:00-Bodies in Motion 10:00-Cards/Poker 10:30-11:45-Bingo 11:30- Table Tennis 12-2-Chess Class 1:00-Chair Yoga 2:15- Zumba</p>	<p>15</p> <p>10:00-Cards/Poker 10:00- Advanced Line Dance 10:30-12:30- Health Screenings by Hackensack Meridian Health Free Giveaways 11:00-Basic Line Dance 1:00-Gentle Strength 1-3:30-All Medium Art 2:30-Table Tennis</p>	<p>16</p> <p>9-10-Chair Yoga 9:30-1:30-Social Worker 10:00-Stronger by the Minute 11-12:30 Creative Art Program 11:00-Canasta 11:30-Table Tennis 12:30-1:30-Table Tennis 1:00-2-Chess Class 1:00- Wii Games 2:00-Tai Chi</p>	<p>17</p> <p>9:00-10:15-Table Tennis 10:00-Cards/Poker 10:30-Latin Groove 12:30 - American Mah Jong 1:00- Book Cafe 1:00-Table Tennis</p>
<p>20</p> <p>9:00-10:30 -Table Tennis 12-12:45 - Spanish Class 1:00 - Building Strength 1:30-Ceramics IS BACK! 2:00-3:00- Sharing Pictures of Special Times 2:30-Table Tennis</p>	<p>21</p> <p>8:30 Wind Creek Casino Trip 10:00- Center Meeting 10:00-Bodies in Motion 10:00-Cards/Poker 10:30-11:45-Bingo 11:30- Table Tennis 12-2-Chess Class 1:00-Chair Yoga 2:15- Zumba</p>	<p>22</p> <p>10:00-Cards/Poker 10:00-Advanced Line Dance 11:00 Basic Line Dance 1:00-Gentle Strength 1-3:30-All Medium Art 2:30-Table Tennis 5-7:00 Senior Prom at Keyport High School</p>	<p>23</p> <p>9-10-Chair Yoga 9:30-1:30-Social Worker 10:00-Stronger by the Minute 11-12:30 Creative Art Program 11:00-Canasta 11:30-Table Tennis 1:00-2-Chess Class 1:00- Wii Games 2:00-Tai Chi</p>	<p>24</p> <p>9:00-10:15-Table Tennis 10:00-Cards/Poker 10:30-Latin Groove 12:30 - American Mah Jong 1:00- Writers Corner 1:00-Table Tennis</p>
<p>27</p> <p>CENTER CLOSED MEMORIAL DAY</p>	<p>28</p> <p>10:00-Bodies in Motion 10:00-Cards/Poker 10:30-11:45-Bingo sponsored by Laurel Bay 11:30- Table Tennis 12-2-Chess Class 1:00-Chair Yoga 2:15- Zumba</p>	<p>29</p> <p>9:30- Dr. Motasis Podiatrist 10:00-Cards/Poker 10:00-Advanced Line Dance 11:00 Amboy Bank Presentation "Senior Tax Freeze Changes" 11:00 Basic Line Dance 1:00-Gentle Strength 1-3:30-All Medium Art 2:30-Table Tennis</p>	<p>30</p> <p>9-10-Chair Yoga 9:30-1:30-Social Worker 10:00-Stronger by the Minute 11-12:30 Creative Art Program 11:00-Canasta 11:30-Table Tennis 1:00-2-Chess Class 1:00- Wii Games 2:00-Tai Chi 2:00- Advisory Committee Meeting</p>	<p>31</p> <p>9:00-10:15-Table Tennis 10:00-Cards/Poker 10:30-Latin Groove 11:30- Library Presentation Community Conversation and "Accessibility at the Library" 12:30 - American Mah Jong 1:00-Table Tennis</p>