

Keyport Summer of Fun 2019!

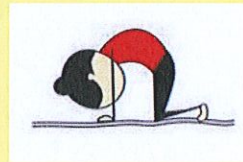
Summer Recreation Programs

Something for Everyone!

Yoga at the Waterfront

Enjoy stress free open air yoga at Waterfront Park taught by experienced instructors from Keyport's Stress Free Body Studio. A great way to begin your yoga journey.

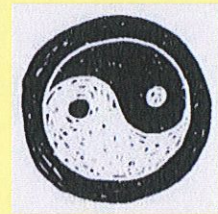
Sundays from 8AM -9AM, Tuesdays 7PM-8PM, June 23rd to August 25th.
\$50 per person for all sessions.



Tai Chi at the Waterfront

Come learn about the many healthful benefits of this traditional Chinese program of exercise and movement with Stress Free Body's own Al Chuderski.

Thursdays 7:15AM June 13th to August 15th.
\$50 per person for all sessions, Limit 48



Pilates at the Waterfront

Come focus your mind and strengthen your body while exploring the practice of Pilates with certified instructor, Brittany Barnes. Tone, and strengthen your core, while bending, twisting, and extending your way to improved flexibility and increased muscle tone.

Wednesdays from 7PM-8PM, June 5th to August 7th.
\$50 Per person for all sessions, Limit 25



Beginner Art Lessons at ArtSpace 88

Have you ever wanted to explore your artistic side? Now's the time to do it through our program at ArtSpace 88. 5 lessons, all supplies provided.

Thursdays starting June 13th, 6:30PM to 8PM
\$50 Per person, 5 sessions Limit 15



Tap Dancing Lessons at Artspace 88

One night only— come try this unique and fun class and learn the basics of tap dancing.

Thursday, May30 at 6:30PM
\$15 Per person, Limit 15



For more information or to register for any or all of these fun classes, stop by Borough Hall, 70 West Front Street and see Denise Nellis or email DNellis@keyportonline.com

Brought to you by the Borough of Keyport &
the Keyport Recreation Committee

KEYPORT SUMMER OF FUN 2019
Application for Summer Recreation Programs

TO REGISTER

Please check the summer program (s) you would like to attend

- Yoga at the Waterfront classes Sunday from 8am to 9am and Tuesdays 7pm to 8pm from June 23rd to August 25th fee \$50.00
- Tai Chi at the Waterfront Classes Thursday's 7:15am from June 13th to August 15th fee \$50.00
- Pilates at the Waterfront Wednesday's from 7pm to 8pm fee \$50.00
- Beginner Art Lessons at Art Space 88 Thursdays at 6:30pm starting June 13 fee \$50.00, 5 sessions
- Tap Dancing Lessons, Thursday, May 30 at 6:30pm fee \$15.00

Payment/Class Policies

Checks, cash or money orders are accepted forms of payment. Checks are payable to Borough of Keyport. There are no refunds granted, you will be charged \$20.00 for checks that are returned for insufficient funds. Classes begin on time.

Student Information

Payment type: Check Cash Money order

How did you hear about the summer programs? Internet Friend Flyer

Student: (Last): _____ (First) _____

Address: _____

Phone Number: _____

Email: _____

Emergency contact: _____ Phone: _____

Signature and Waiver (all students must sign and date the following):

I certify that the above named student is in good health and/or has received their doctor's approval to participate in classes. I hereby release the Borough of Keyport from all liability for personal injury, illness or property.

Signature: _____ Date: _____